AWBB
département ARBITRAGE
Stage de Mi-saison
Bruxelles, 10 Décembre 2016

L'agenda

Mécanique

- Travailler les zones de responsabilité
- Les rotations

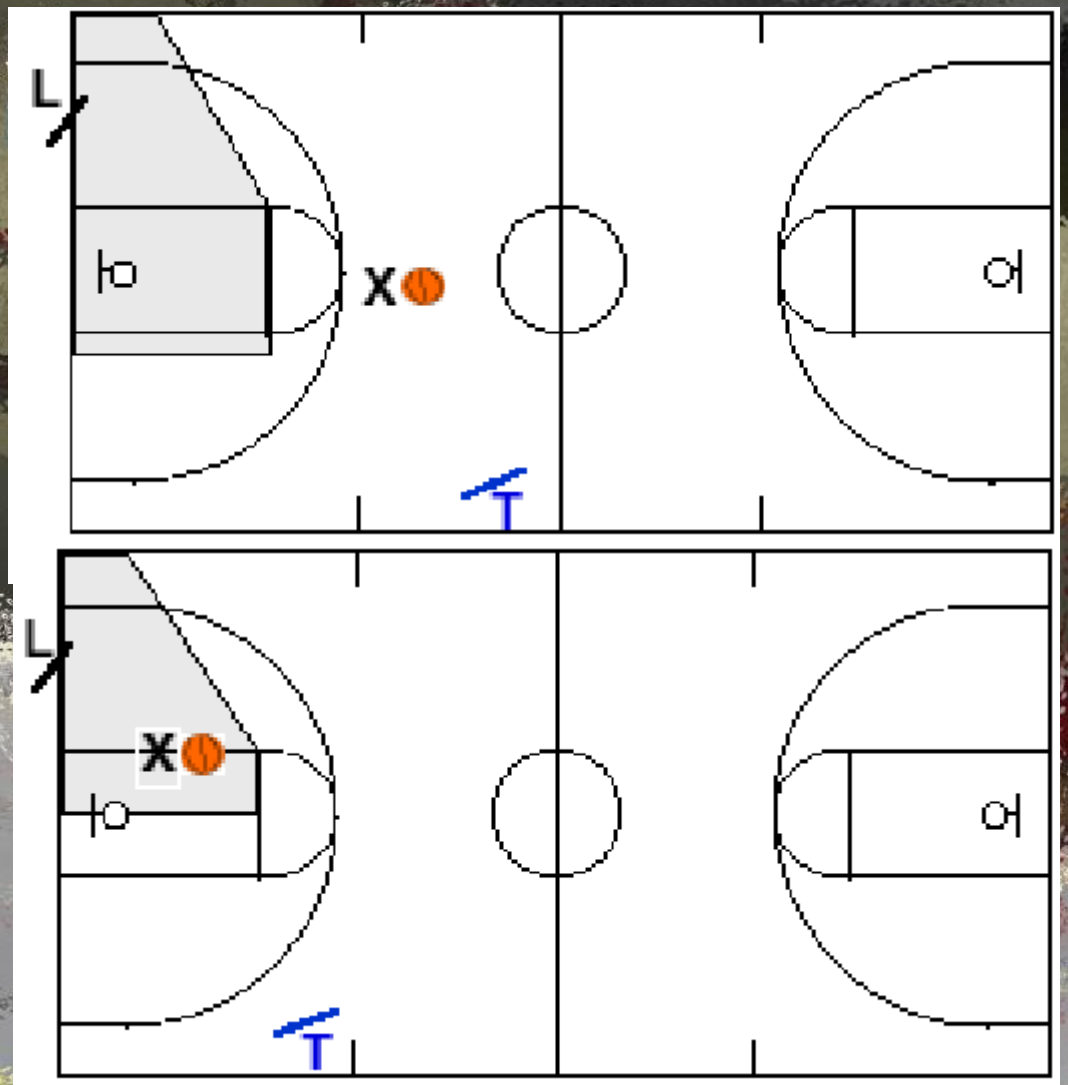
Critère

- Garder la consistance
- Gérer les fautes en transition

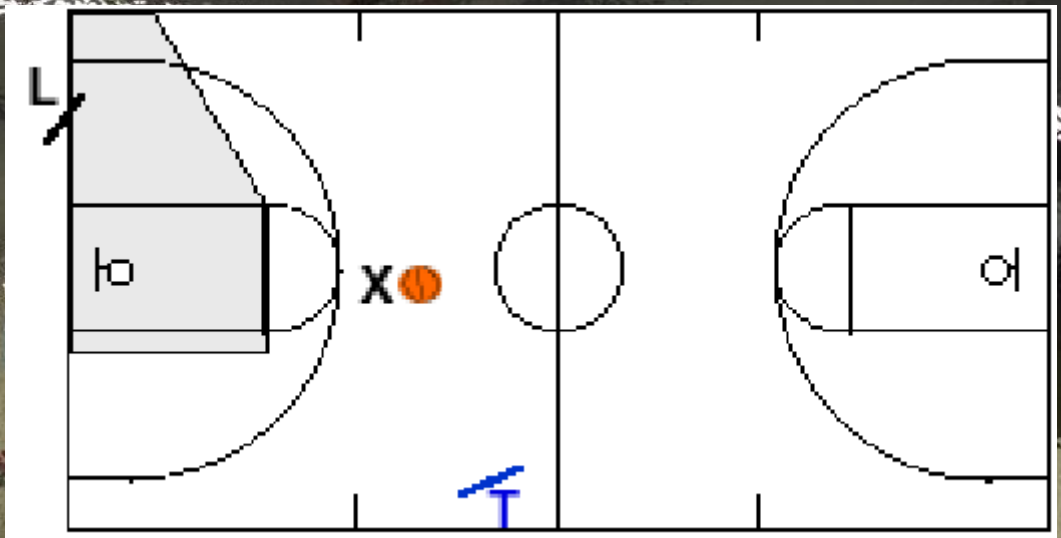
Gestion

- Faire face au problème
- Privilégier la communication non agressive

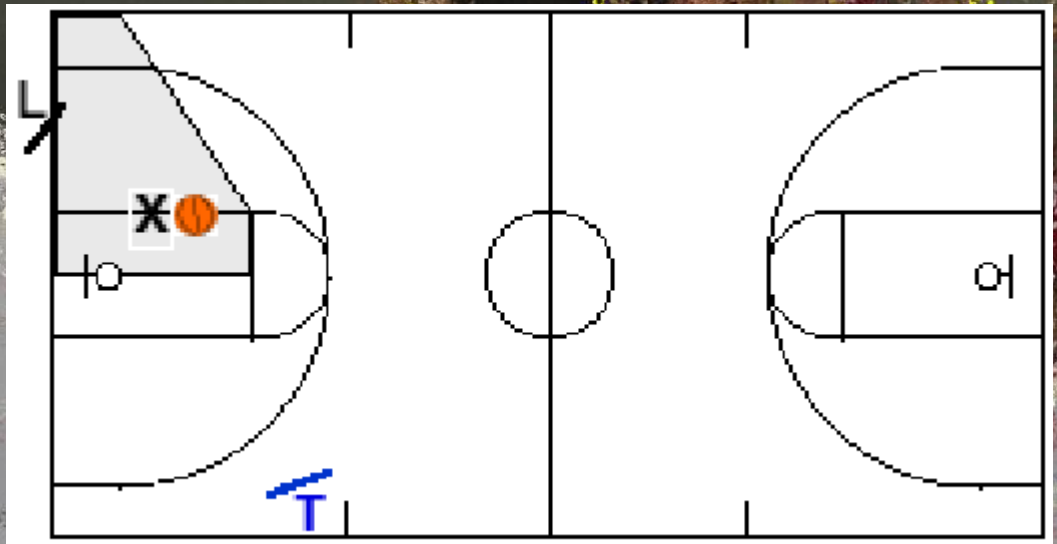
Les zones de responsabilité



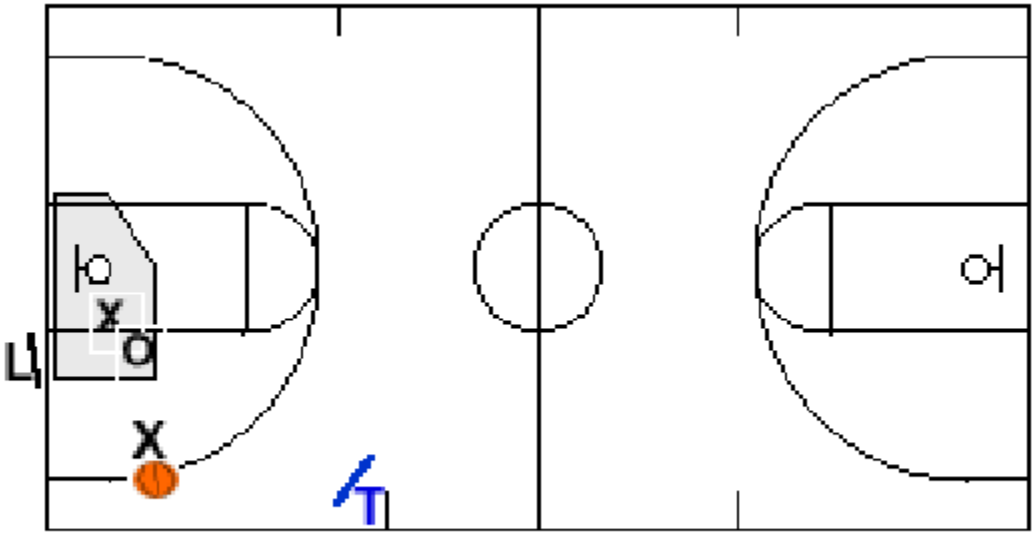
Areas of Responsibility With Ball Below Free Throw Line



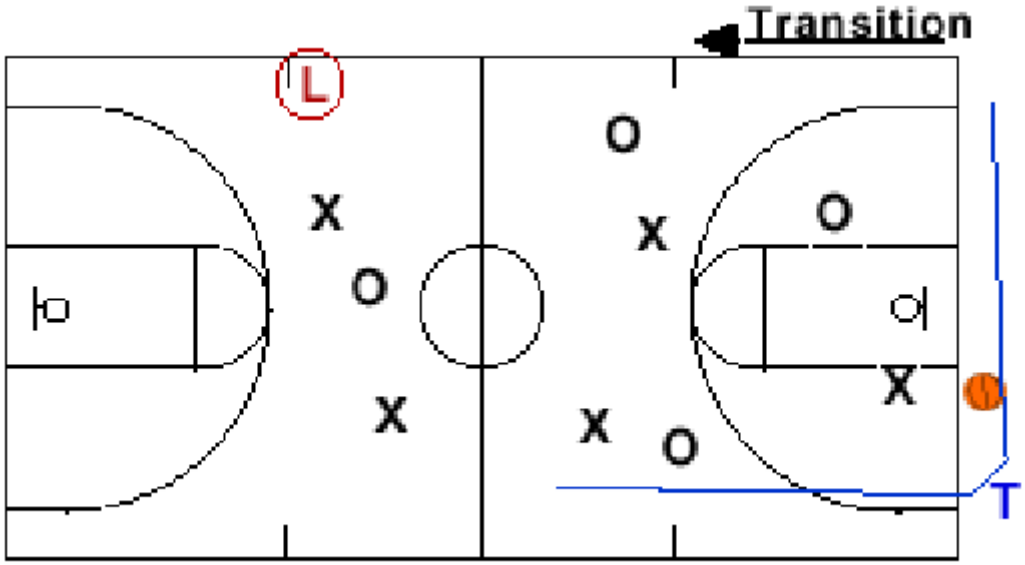
#1 - Areas of Responsibility With Ball Above Free Throw Line

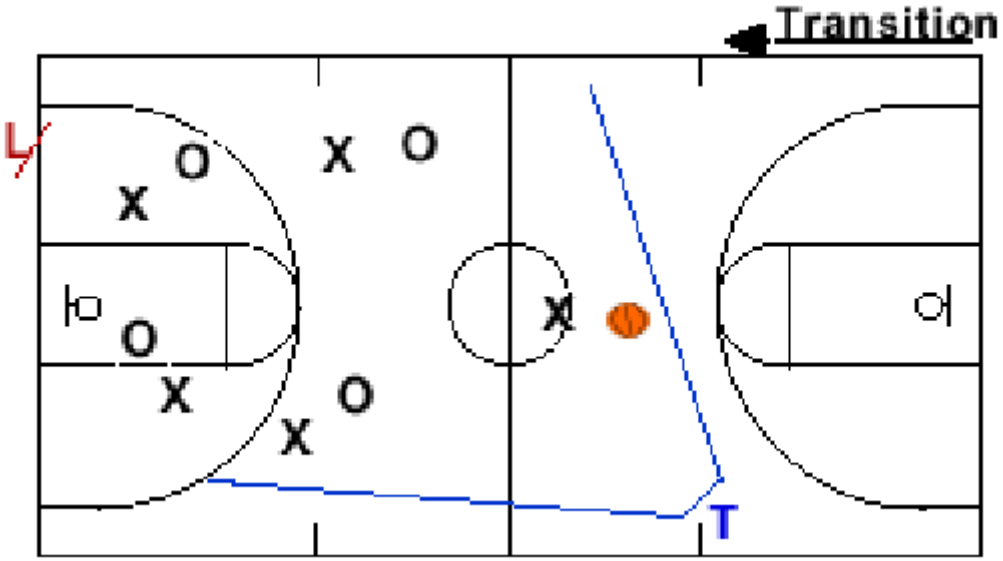


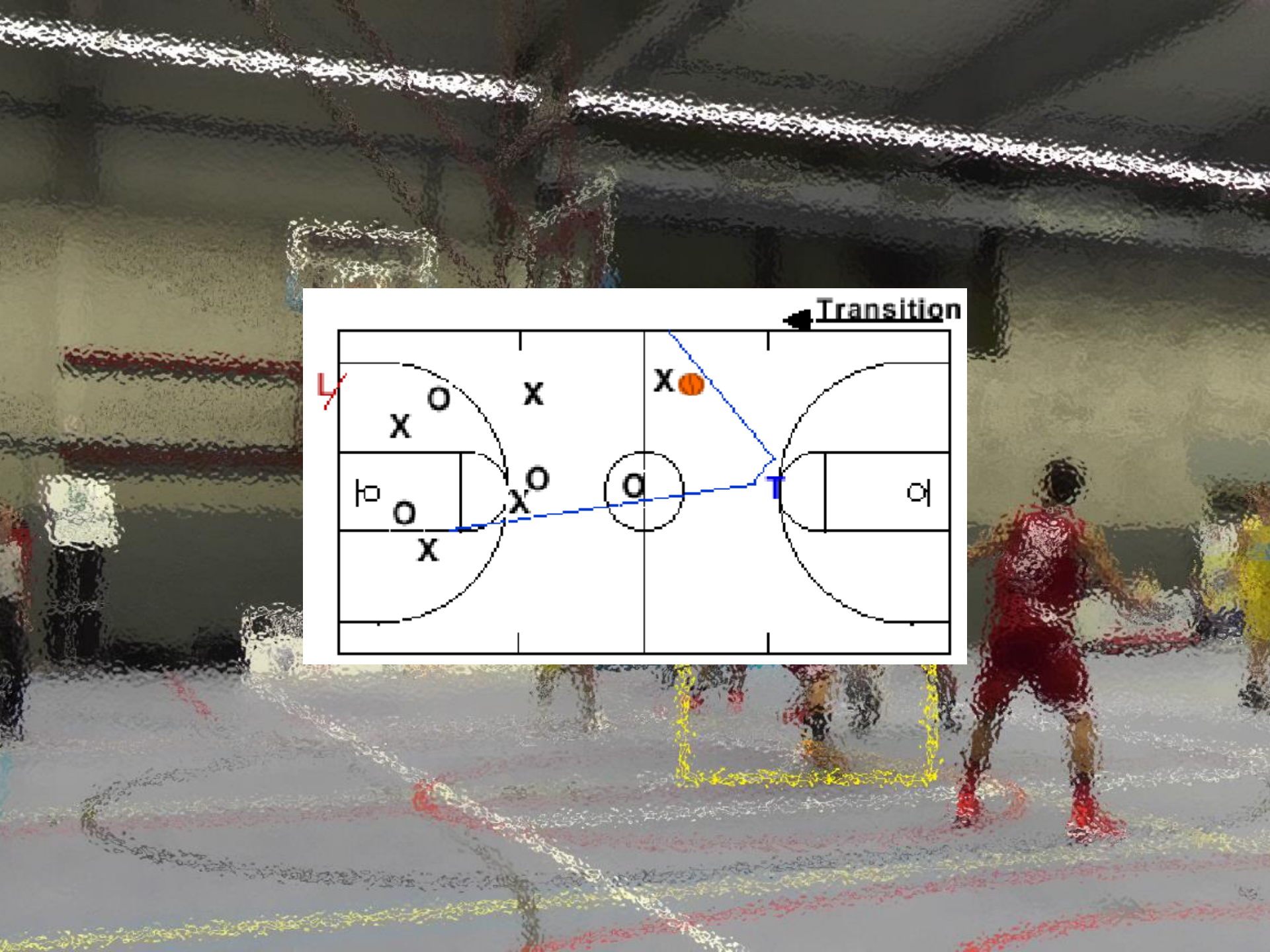
Areas of Responsibility With Ball Below Free Throw Line

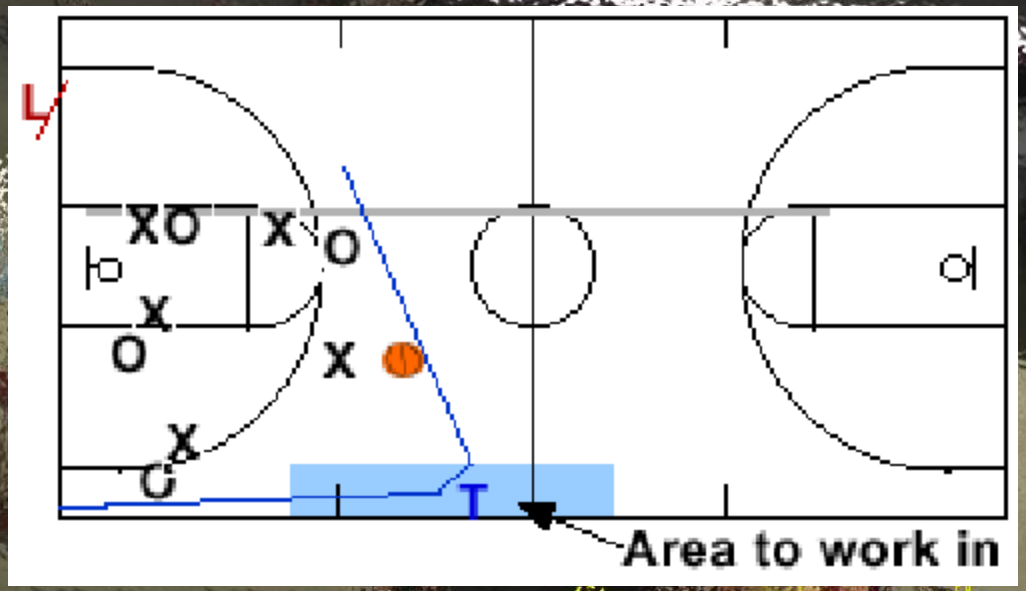


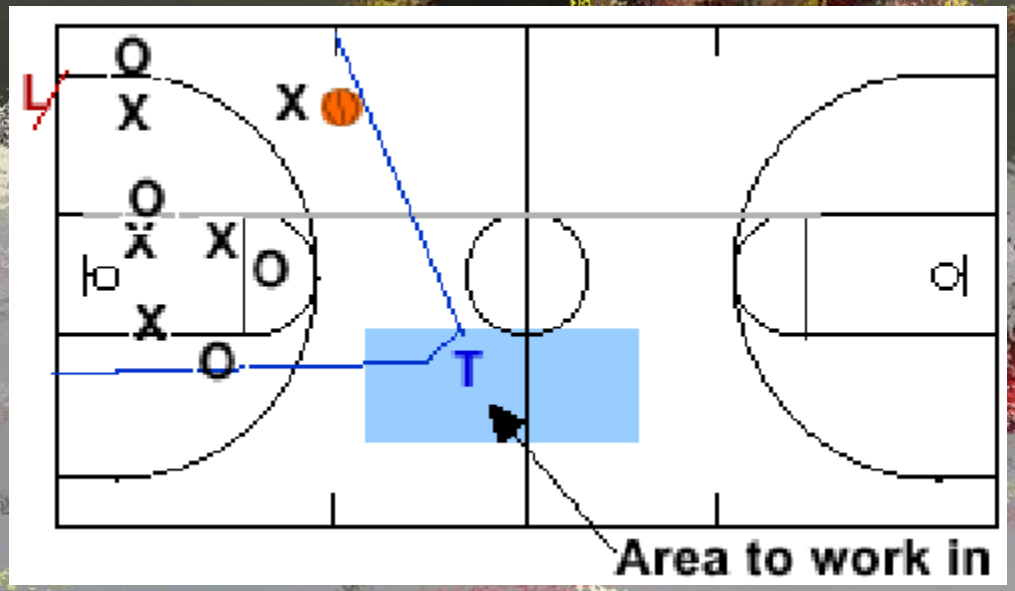
Areas of Responsibility With Ball Below Free Throw Line and Lead Helping Out on Trail's Side

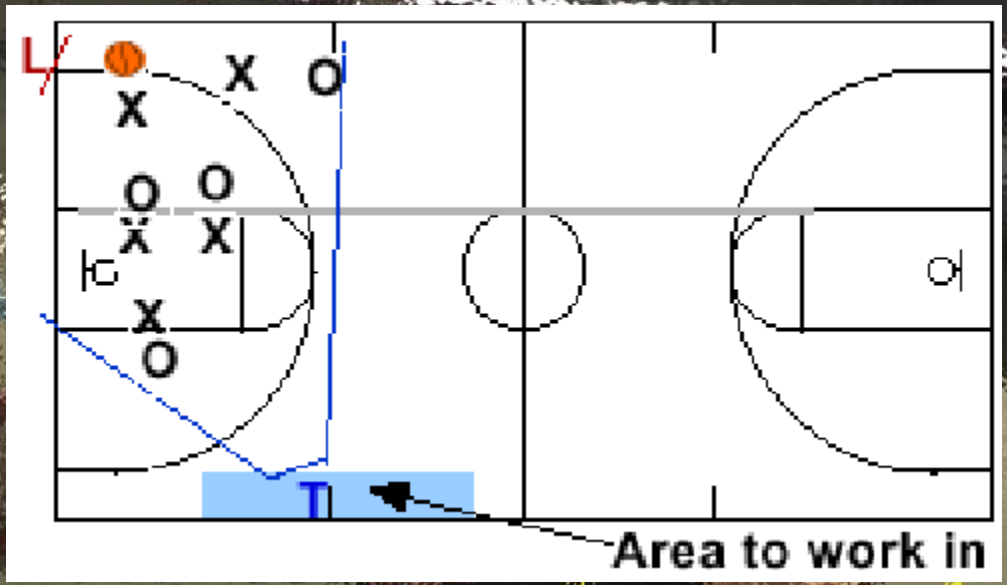

Transition
L
T

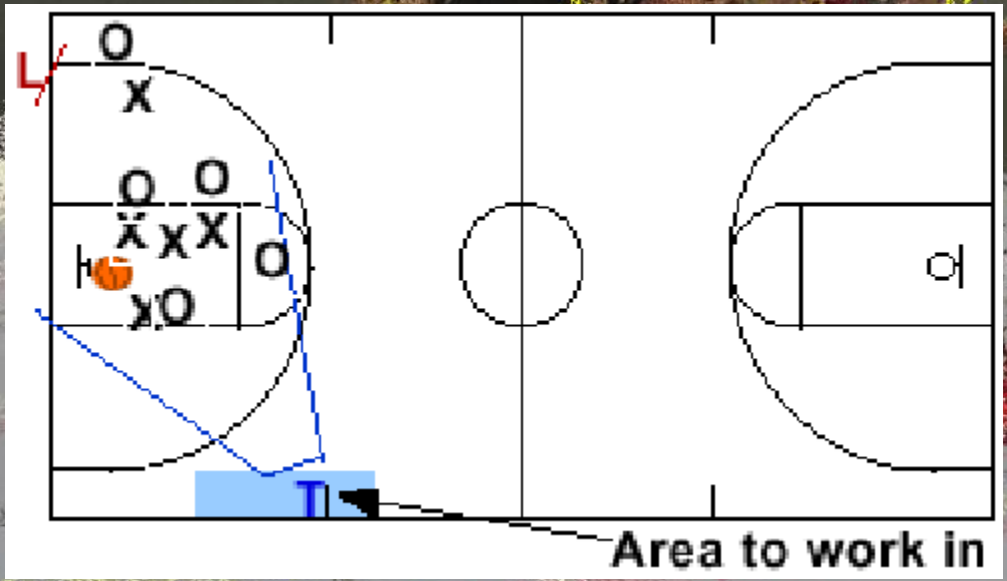

Transition
L
T

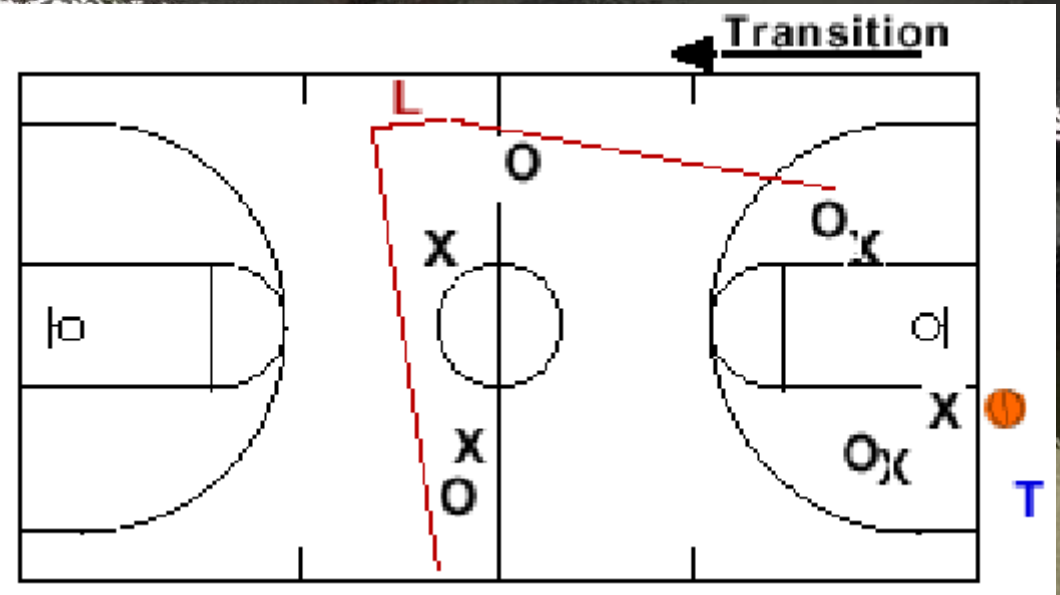

Transition
L
O
X
X
X
O
O
X
O
X
T

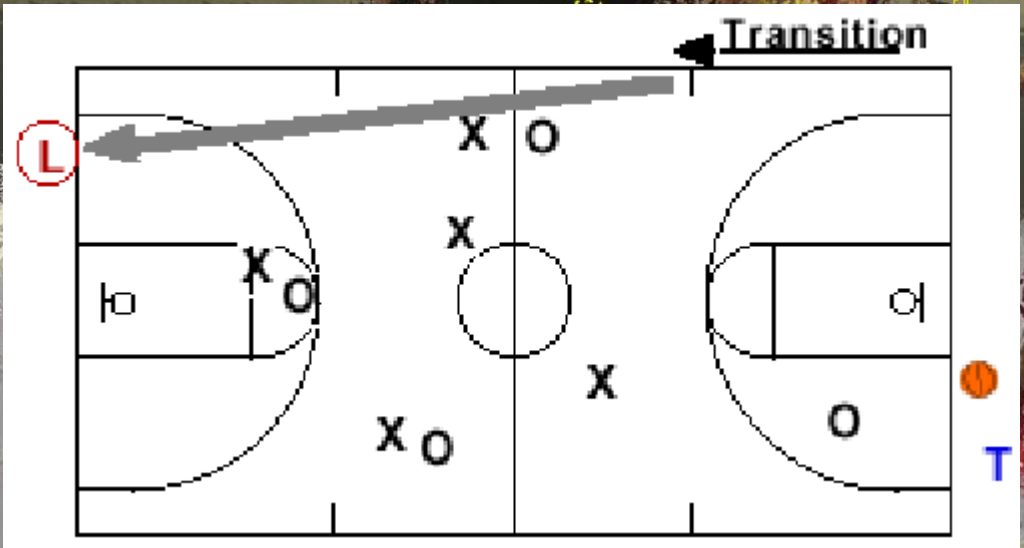

L
T
Area to work in

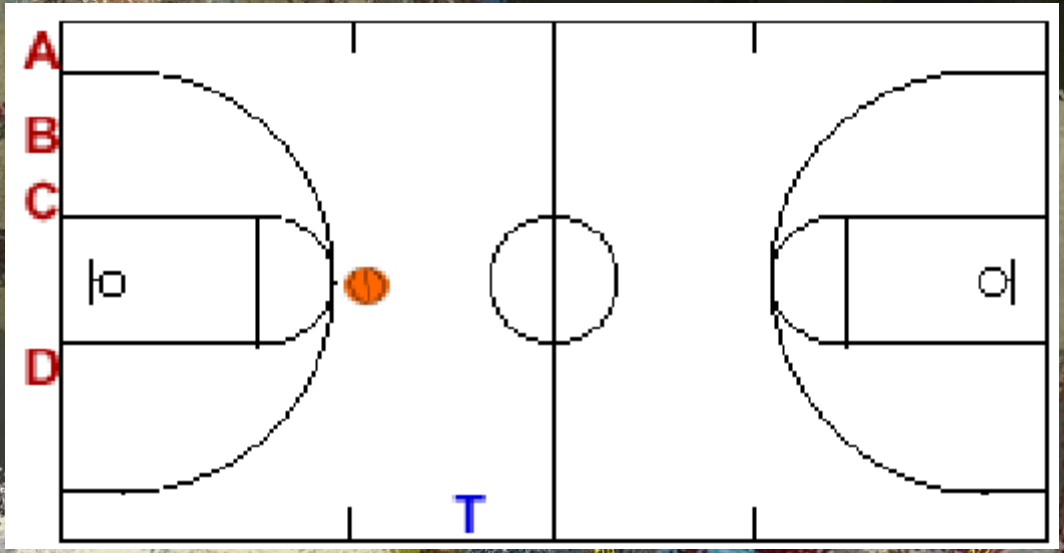

L
T
Area to work in

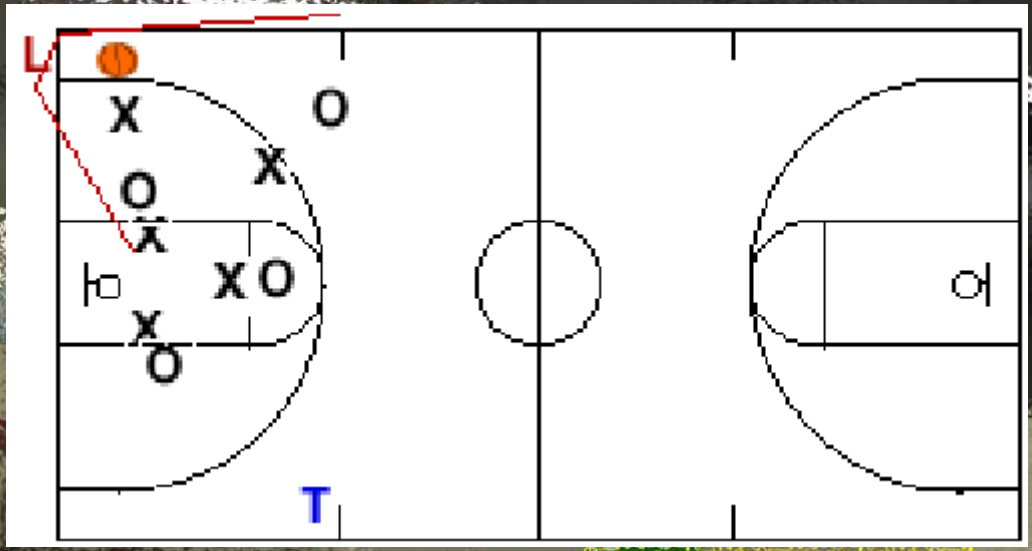

Area to work in

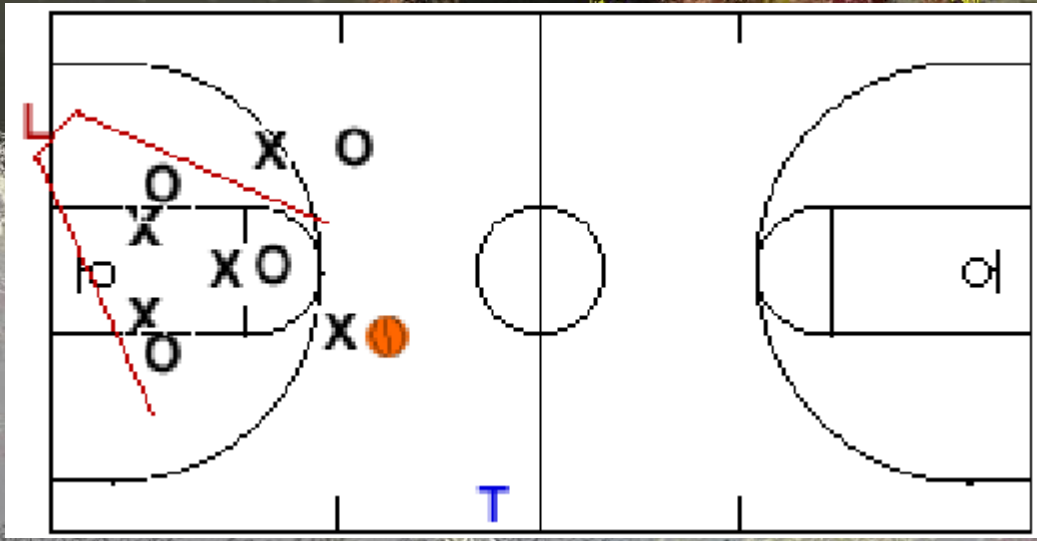

Area to work in

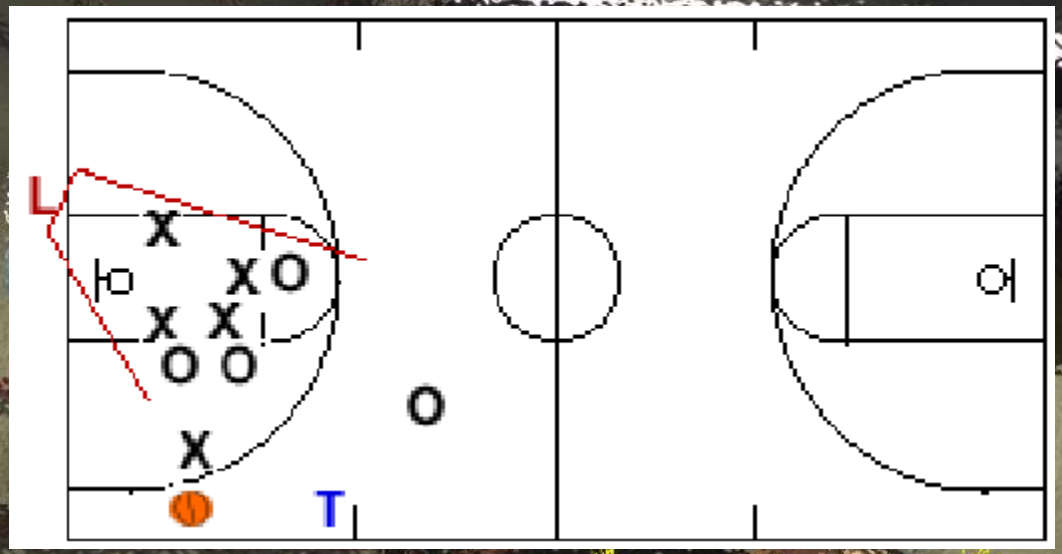

Transition
L
O
X
O
X
X
O
X
O
X
T

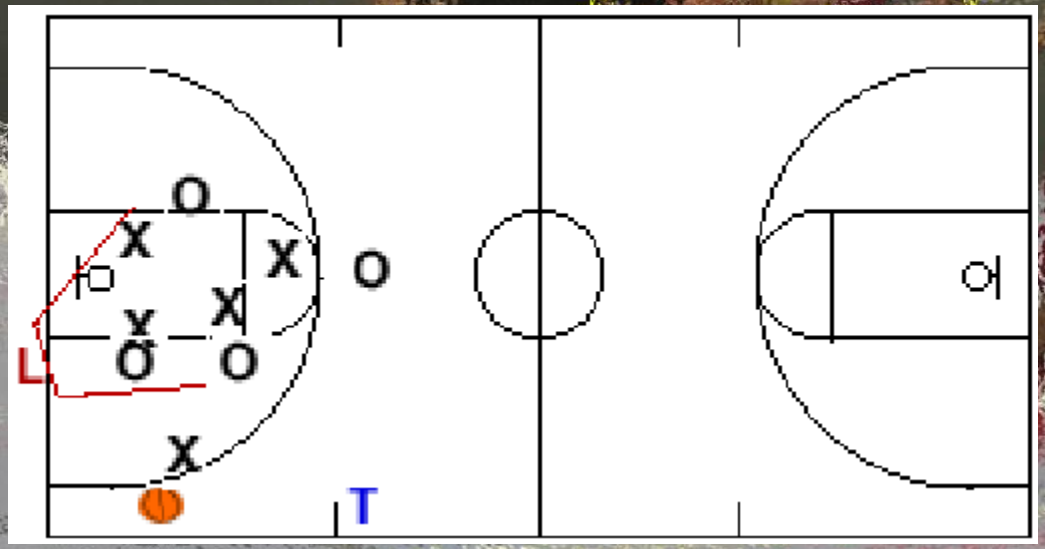

Transition
L
X
O
X
X
O
X
X
O
O
T

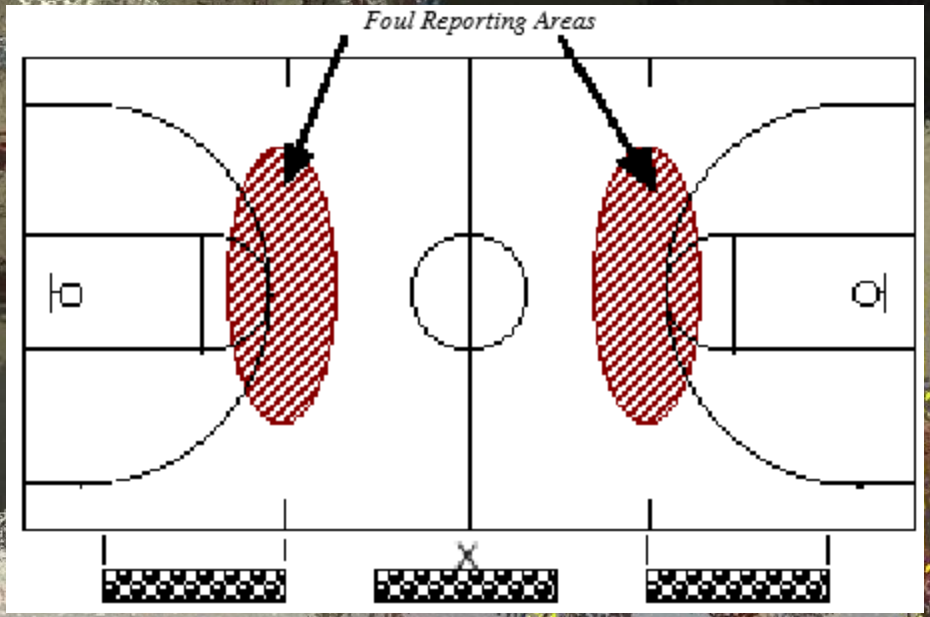

A
B
C
D
T


L
X
O
X
O
X
X
O
X
O
T


L
X
O
O
X
X
O
X
O
X
T


L
X
X O
X X
O O
O
X
T


O
X
X
O
X
X
O O
L
X
T


Foul Reporting Areas

La consistance

La confiance se gagne avec la consistance

La consistance conduit à l'excellence

La consistance

Nettoyer le jeu

Eviter les moustiques

Protéger les éléphants

Fautes en transition

La règle n'a pas changé

Dans une contre-attaque on peut faire des FP

FP en transition

Dernier défenseur

Contact naturel de basket, face à l'attaquant	Contact naturel de basket

Non dernier défenseur

FU en transition

Dernier défenseur

Contact naturel de basket, latéral ou par derrière

Contact sans intention de jouer

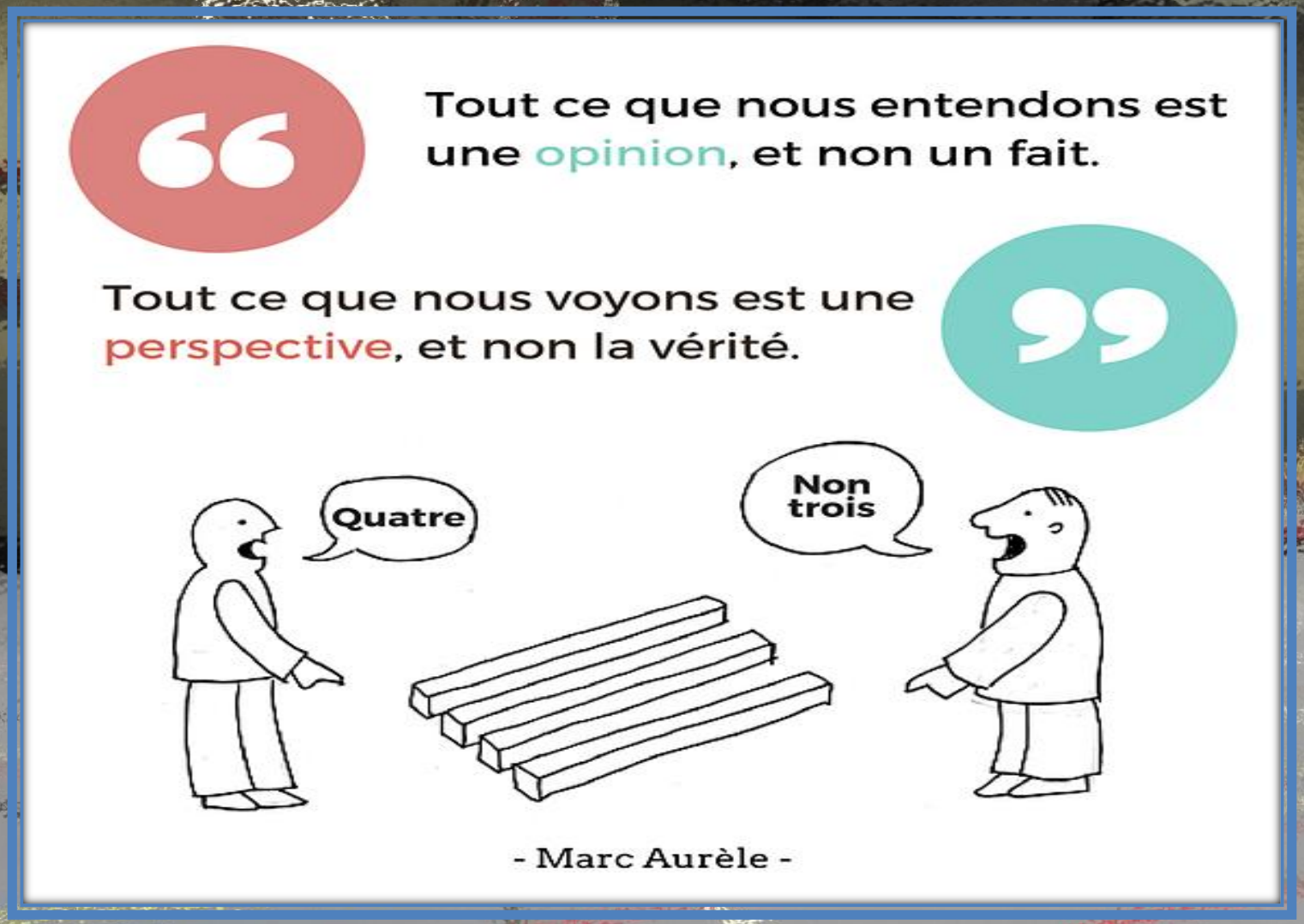
Contact de force disproportionnée

Contact sans intention de jouer

Contact de force disproportionnée

Non dernier défenseur

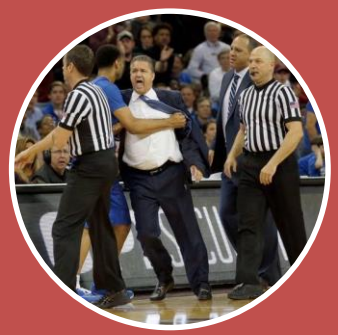
La gestion


Tout ce que nous entendons est une opinion, et non un fait.
Tout ce que nous voyons est une perspective, et non la vérité.
Quatre
Non trois
- Marc Aurèle -

La gestion

Le problème
n'est pas
le problème.
Le problème,
c'est ton attitude
face au problème.
Pirates des Caraïbes
expressionsinspirantes.blogspot.com

Décider : quatre étapes à parcourir



Perception sensorielle

Réaction émotionnelle

Réaction rationnelle

Décision

Faire face au problème, éviter les émotions

L’ARBITRE, AU CŒUR DU SPORT !

Bonne continuation!